

# DENTAL MISSION SUPPLIES LIST

Guest Article By: Cay Asuncion

When planning on a dental mission, the following are the tools and supplies that we've found most useful. Please add or delete as would be appropriate to your mission!

## Dental Items wish list

- ☐ Adult toothbrushes
- ☐ Children toothbrushes
- ☐ Toothpaste (travel sizes and regular sizes)
- ☐ Dental floss
- ☐ Mouthwash
- ☐ Cups (disposable)
- ☐ 2x2 non woven non sterile gauze
- ☐ 1-1/2" cotton rolls
- ☐ Face masks
- ☐ Non latex gloves (size small)
- ☐ Anesthetic- Septocaine and Carbocaine 3%
- ☐ Topical
- ☐ Monoject needles 30ga short (blue)
- ☐ \*\*used water bottle labeled for "sharps"
- ☐ Temporary cement: IRM complete package (includes powder & liquid)
- ☐ Mixing pad

- ☐ Articulating paper
- ☐ Cidex Plus –quart size (2) \*\*need to have brush to scrub instruments and containers for dirty and clean instruments.
- ☐ Dish soap
- ☐ brush
- ☐ Clorox or disinfectant wipes
- ☐ Towel to wipe instruments
- ☐ Disposable gowns
- ☐ Disposable napkins with clips or can use clothes pins
- ☐ Trash bag
- ☐ Lined box or container for patient to expectorate

## Instruments:

- ☐ Headlamp
- ☐ Extra small flashlights to see (LED bright lights)
- ☐ Syringes for anesthetic
- ☐ Mouth Mirrors (disposable is ok)
- ☐ Explorer
- ☐ Cotton Pliers
- ☐ Spatulas
- ☐ Plastic instruments
- ☐ Excavators
- ☐ Scalers / curettes
- ☐ Sharpening stone
- ☐ Elevators (sm, med, large)
- ☐ Extraction forceps for upper and lower anteriors
- ☐ Upper and lower molars
- ☐ Upper and lower bicuspid
- ☐ Pedo forceps
- ☐ Saved small foam meat trays to use as dental tray. Brought about 10